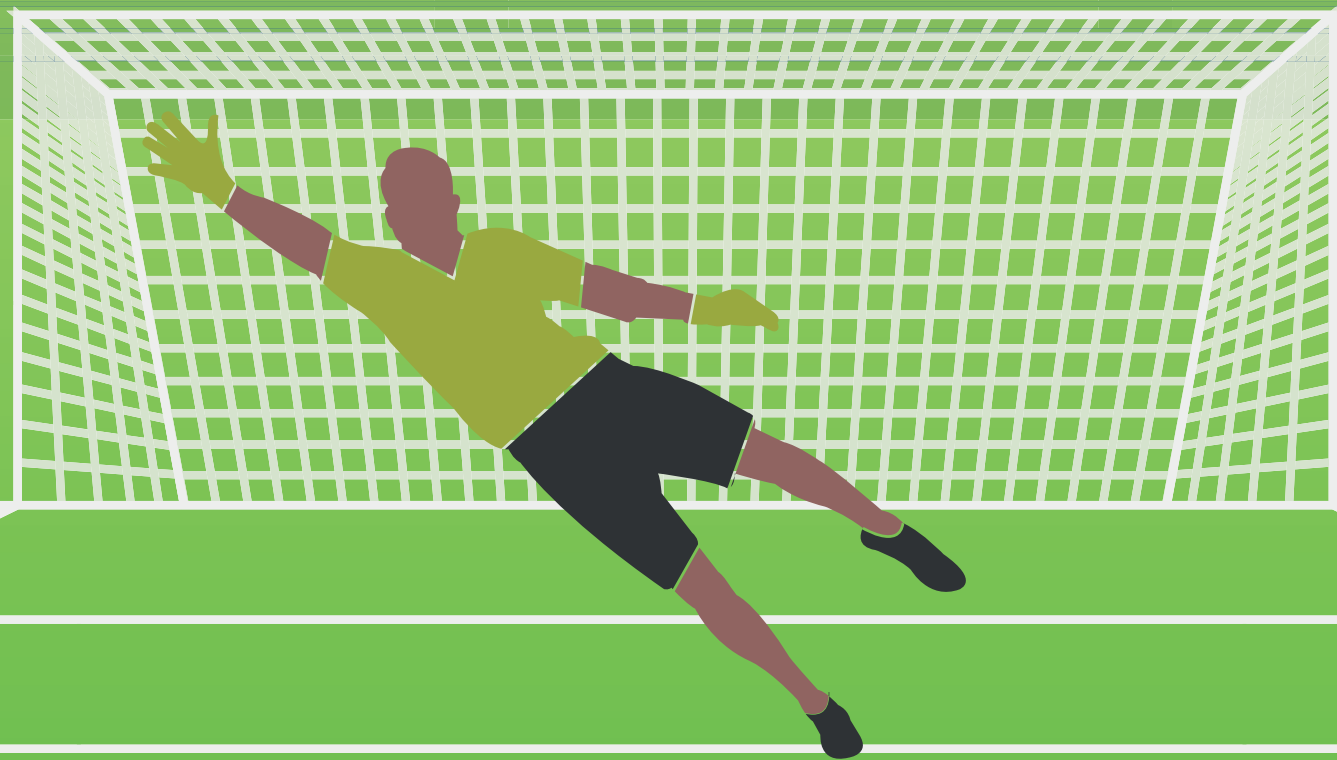




ROLEPLAY ON THE IMPACT OF POOR MHM ON PERFORMANCE OF GIRLS' PLAYERS



In the middle of the semi-final of the soccer tournament, Fatima, a player from School, started to feel heavy pain on her stomach and back and asks the coach to leave the field (pitch). But the coach forces her to continue.



Shewasveryclosetoscoring,butsince shehadseverepain,
she missed the goal.

HAHA HAHAHA

HAHA HAHAHA

HAHA HAHAHA



The spectators laughed while others were extremely upset at her because it was an easy goal to score.



The coach, very upset, asked her to leave the field. She took that opportunity to go to the toilets

In the bathroom, Fatima realizes that she had her periods and forgot to carry protections and or clothes.





Oh my, I have my menses! And stated to panic... What am I going to do? I don't even have cloth to change with me and all these people watching the game...

How am I going to get out and tell the coach? I'd better stay here until someone comes and I'll ask them to call Salma for me.

Shestaydthereforalongtime.Herteamplayersstartingtogetworriedsinceshe didn'tgobacktothepitchanddecidedtogolookforherinthetoilets.



Fatima, what happened to you? Why didn't you come back to play? We were counting on you!


During the game my stomach was aching and when I went to the toilets I realized that I had my periods.

Comes running from the side of the field and joins the group of girls in the bathroom.

She has her periods and forgot to take sanitary pads. She can't go out like that.

Fatima!!! The coach is asking about you, go answer him!!!





Don't worry, I'll go talk to the coach and explain your situation to him.

Salmagoestothecoach,talktohimandcomesbacktotherestroom.

What an idiot! He wanted you to come back and play, even after explained to him about the pain you feel because of your periods and the fact that you did not bring your pads.

I don't mind at all since he has let me go.

It was only when I told him that's probably why you didn't play well and missed the goal that he said you could go home.

Before Fatimah had even finished speaking, the second half of the match was whistled and Salma returned to the playground.





Ohno!Whatashame!Iforgot toaskhertolendmehersweaterto enablemetohidethestain,I'llhavetogo backlikethis.IhopeIwon'tmeetanyone on my way home.

On her way home, she met a group of young boys who made fun of her stain.



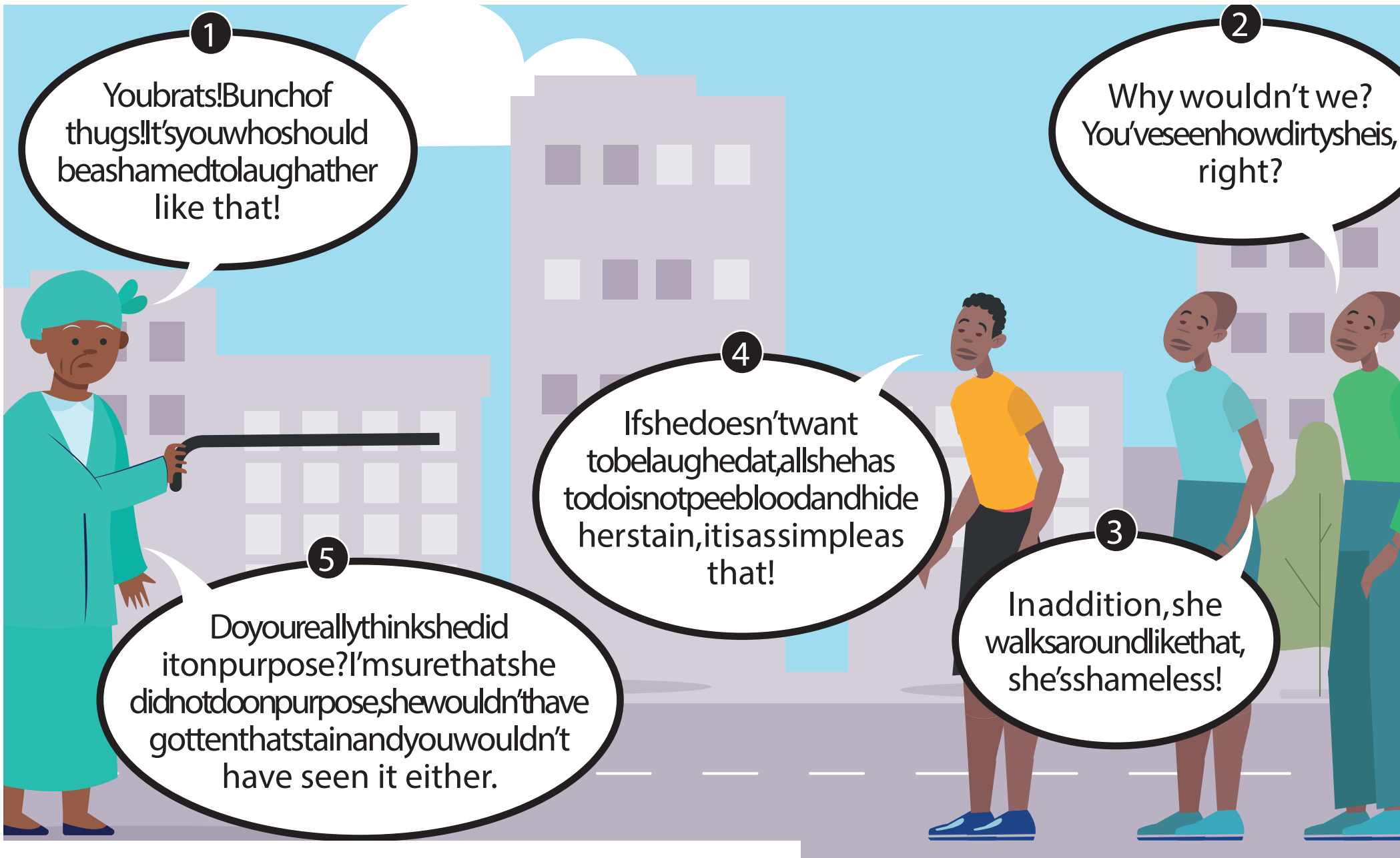
A lady who was passing by approached them after hearing them laughing at the moff Fatima.



Hey guys, look at her, she speed blood!..

Eww, you are so dirty!

Hey Fatima aren't you ashamed? A big girl like you should at least hide that, won't you?



1

You brats! Bunch of thugs! It's you who should be ashamed to laugh at her like that!

2

Why wouldn't we? You've seen how dirty she is, right?

4

If she doesn't want to be laughed at, all she has to do is not pee blood and hide her stain, it is as simple as that!

3

In addition, she walks around like that, she's shameless!

5

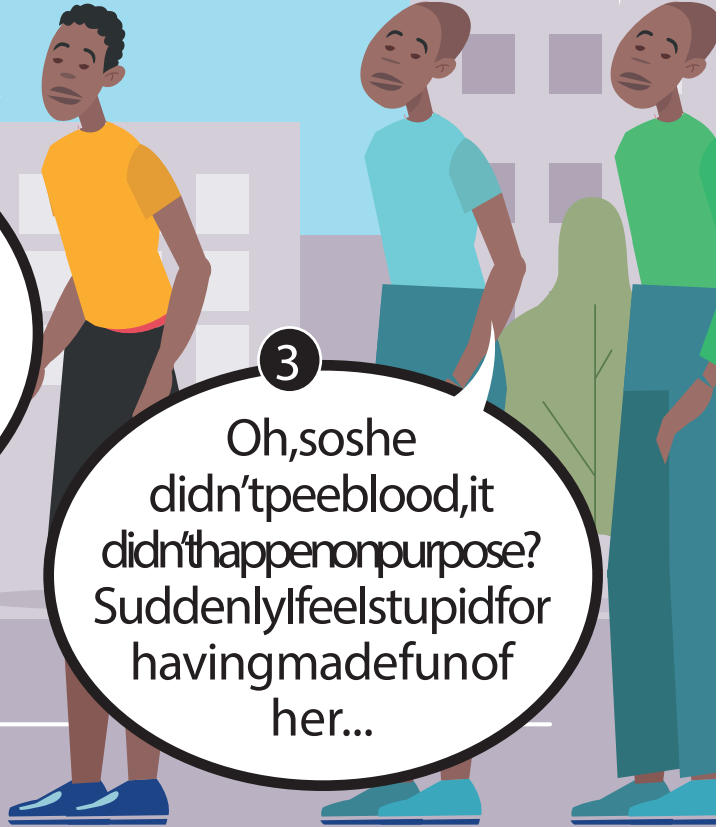
Do you really think she did it on purpose? I'm sure that she did not do on purpose, she wouldn't have gotten that stain and you wouldn't have seen it either.

The elderly woman, Hawa, who witnessed the scene lectured the boys and explains that it is natural for a young girl and woman.

2 Girlsherehavevwhatiscalledperiod.They losebloodwithoutenevenwantingtoorbeingable tocontrolit.It'snatural,likewhenyouhaveacold and can't control your snot.



1 Whatdoyou meanMaa?



4 Talk about yourself Mustafa,meIdon'tfeel stupidatall.WhenIhaveacoldI blowmynose,cant'shedothe samewithherblood?

3 Oh,so she didn'tpee blood,it didn'thappenonpurpose? SuddenlyIfeelstupidfor havingmadefunof her...

2

In order to hide it, she would have needed a special protection which are hard to find here and expensive too. If she didn't have any and was playing football, it's logical that she couldn't take the necessary precautions.

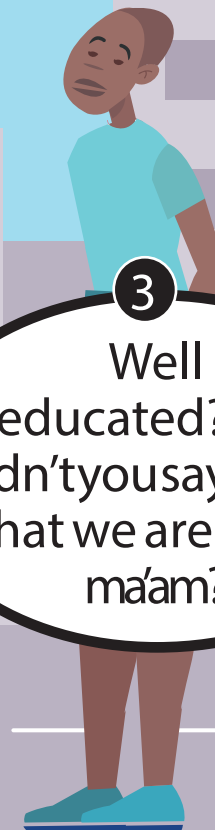
Also, menstruation is painful, it's worse than having a stomach ache for some girls. I'm disappointed that smart, well-educated boys like you were so mean to this poor girl.

1

He got a point, she doesn't have to force us to see this filth!

3

Well educated? Us? Didn't you say earlier that we are brats' ma'am?





1

Well, only when you act like one, young boy!

3

Yes and we'll apologize to Fatima when she comes back to school.

2

We are sorry Madam, we won't do it again.

4

All right, boys! Besides, try to explain this to your friends too.

Yes ma'am!!



What should I do? What will I use to protect myself?
What if I use a piece of my cloth as protection? No, I can't, I don't have enough clothes already...

Once home, Fatima wonders what she will use to protect herself.

She cuts a piece of sponge from her mattress.

Oh, I have an idea!

I guess I won't be going to school for the next few days.





At the end, Fatima missed five days of school and important lessons and homework, not to mention the football championship final. Having failed her exam, she had to repeat the year and even thought of leaving school.

Later, as part of a campaign by the Football Association of South Sudan Football Association and FIFA on MHM, the girls in her school were given sanitary pads and training on menstrual health and hygiene. As a result, Fatma no longer missed a single day of school.

Also, she does not miss any more games and plays well, even during her period, so well that she is now a member of the national football team.

